



A Reflection for Today: *Hands*

This Christmas will be so different from many I've celebrated. Like so many others, whilst my **hands** may be filled with presents, they will not be able to hug or touch those that are dearest to me. Our **hands** should convey love. Luke 15 tells the story of the prodigal son, wayward and destitute, but, on seeing him, his father rushed to his side, embraced and kissed him. Why? Because his father loved him dearly and desperately needed to touch his son. In the gospels, **hands** and touch are mentioned many times: 'Jesus put out his hand and touched him'; 'He went in and took her hand'; 'Then he touched his eyes'; 'Little children were brought to him so that he might put his hands on them'. The **hands** of Jesus, a village carpenter, didn't wear gloves. He heaved timber, gripped lumber and received splinters. He wasn't afraid to touch others - lepers didn't repulse him, nor did he hesitate to wash the disciples' filthy feet. They were **gentle** hands, **warm sensitive** hands. They were **powerful** hands - just a mere touch could restore sight to the blind, bring life to the dead, heal lepers, lift the suffering out of the dust. They were **wounded** hands and bear scars that no lotion, cream or oil could remove.

Look down at your own **hands**. Are they open and generous to the needy person that God may bring across your path? Jesus wants to use your **hands** to send the same message of love and humility that his did. He wants your **hands** to become a blessing to others that are less fortunate, maybe by doing small tasks for those that may not be able to do them for themselves. This Christmas, look down at your **hands**, hands that may not touch your loved ones, but **hands** that could be like Jesus' **hands**, reaching out to touch other lives for him. (Bill)

A Prayer for Today

Kindle afresh your hope in us, as we respond to human need; renew within us your joy, that we might banish despair; and light afresh the flame of your love and light within and through us.





A Reflection for Today: Jesus

The Angel of the Lord was clear in his message to Joseph: 'You shall call his name **Jesus**, for he will save his people from their sins' (Matthew 1:21). The name **Jesus** in our English versions of the Bible is taken from the Greek word **IHSOUS** (or **Iesous** - there is no 'J' in the Greek alphabet), from which is derived the Christian symbol **IHS**, sometimes shown with a cross through the 'H'.



But the Hebrew expression is different: it is **Yeshua**, which is a reduced form of **Yehoshua** and is related to the name of **Joshua**. The prefix **Yeho** is derived from the sacred name of **Yahweh** (sometimes written **Jahveh** or **Jehovah**), which is translated in our Bibles as **LORD** (in capital letters), to distinguish it from the ordinary use of **Lord** (the Hebrew word **Adonai**). The second part of the name **Yeho-shua** comes from the Hebrew verb **yasha** which means to deliver, save, or rescue. So, **Yeshua** means '**the LORD saves**'. And when we say '**Jesus saves**' we are, in effect, declaring that '**the LORD saves (and) saves**' – or the Lord saves and goes on saving! Wow! What a precious Saviour we have in **Jesus**.

No wonder one hymn writer summed up his deep passion for the name of **Jesus** in these words: 'There is a name I love to hear, I love to speak its worth; it sounds like music in my ear, the sweetest name on earth.' (*Colin*)

A Prayer for Today

Heavenly Father, in the midst of a troubled world, you are light and life. Send healing for those who are ill, strength for those who are suffering and compassion for those who grieve.





A Reflection for Today: *Good News*

Life has become shrouded in **gloom and uncertainty**. Much that is familiar and comforting has been wrenched from our grasp. Many are mourning and longing that things might be **different**. The world is reeling from all that it has endured.

Yet it was amidst such realities that Jesus came: the sound of salvation disguised as an infant's cry; **Word become flesh** in outcast obscurity; **eternity's promise fulfilled** in a world that seemed unchanged.

So amidst the pain of loss and disappointment, our message of **love, hope and good news** is not diminished, but declares with even greater clarity that, through circumstances such as these – **God becomes one with us.** *(North West Baptist Association)*

A Prayer for Today

Father, may our lives reflect Jesus' love as we look back in time to the first Advent of our Lord and Saviour, but let us never forget that there is a future Advent, a second coming when the earth will be filled with the glory of God once again, as the waters cover the sea.





A Reflection for Today: *Praise*

A baby easily wins the heart and love of anyone with human feelings, but how much more should this **special baby** in the manger win our hearts, love and **praise**. Let us kneel before him and thank him in our own words for coming to save us.

Consider - Jesus, the Son of God, our Saviour, **born** in a stable and placed in a manger instead of in a cot! When God comes, he often comes in humility, silently and peacefully. God's humble coming into the world will not surprise us if we know him. But, of course, we will never know God sufficiently to understand it fully. No matter how much we try to understand the truth of God becoming human in Jesus, we will not be able to grasp it fully - it will remain a **mystery**. The best reaction is that of the shepherds, simply to **praise** God.

The Bible teaches that Christ's followers are 'a holy nation, God's special possession, that you may declare the **praises** of him who called you out of darkness into his wonderful light.' (1 Peter 2:9). Christians must be known for their lifestyle of worship to the King of Kings and Lord and Lords! Let us **praise** God this Christmas in our own words.

A Prayer for Today

Father God, how we praise you when we call to mind the amazing truth that the eternal Light of the world came to earth as a baby to become the Redeemer of mankind, to give his life for a lost world and win us back, we who were estranged from our Creator.





A Reflection for Today: *Inn*

'There was no room for them in the inn' (Luke 2:7) when Jesus was born. Mary and Joseph had to resort to a stable or cave, off by themselves. No space was reserved for Jesus when he came. There was no hospitality, no welcome. There was **severe overcrowding** in and around Bethlehem because of the census, and the local residents and visitors alike were unwilling or unable to receive Jesus when he was born.

The lack of room for Jesus is an age-old problem. There is still **severe overcrowding**. Our minds are overcrowded with news and information, our hearts are overcrowded with innumerable concerns, our schedules are overcrowded with things to do, the roads are overcrowded with traffic, the airwaves are overcrowded with noise, our electronic devices are overcrowded with messages. With so much overcrowding, we run the risk of not having enough room in our personal '**inn**' to receive Jesus. If we want to have the best Christmas ever, the most important thing of all is to make room in our hearts to **receive Jesus**. No matter how busy we may be, no matter how much hustle and bustle may exist, no matter how many distractions and preoccupations may swirl about our minds, we need to set aside time and space to welcome **Immanuel, our Saviour**.

A Prayer for Today

**God of power and mercy,
open our hearts in welcome
to your Son. Remove the
things that hinder us from
receiving Christ with joy.**





A Reflection for Today: *Manger*

Away in a Manger, No Crib for a Bed is probably one of the first carols children learn. Babies sleep in cribs, cradles, baskets, boxes, drawers and so on, but Jesus was wrapped in 'swaddling clothes' (narrow strips of cloth) and laid in a **manger**, which was, we presume, in a stable. The stable could have been a cave under a dwelling and the **manger** was a trough designed to hold animal food. Now, a star shape marks the place where it is thought the birth happened, inside the Church of the Nativity, which stands next to busy '**Manger Square**' in Bethlehem. What is the significance of the **manger**? Well, it was the most lowly of births, in which the Son of God identified with the humble and poor, as he continued to do throughout his life. Also the **manger** offered food to animals and so was a sign that God was offering **food for our souls** and reminding us that Jesus is the only one who can truly satisfy the hunger of our hearts. *(Brenda)*

A Prayer for Today

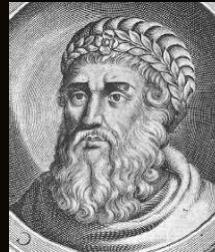
Lord Jesus, in the darkness of these Advent nights, let me be guided by the light of your Word. Give me the humility to be led by you and the wisdom to learn from you.





A Reflection for Today: Herod

On 9 December, it was reported that new sections of **Herod's** hilltop fortress, Herodium, near Jerusalem, have been newly opened to the public. **Herod the Great**, as he was known, reigned over Judea from 37 – 4 BC as a client-king of Rome. Because of his father's popularity with Julius Caesar, he was able to build extravagantly, including massive extensions to the **Temple** in Jerusalem and palaces and fortresses, like Masada by the Dead Sea. Ordinary Jews were in awe. Jesus' disciples pointed out the Temple's splendours to him (Mark 13:1), but Jesus responded with a prophecy of **its total destruction** within a generation, fulfilled by the Romans in AD 70. All that remains now are the massive foundation stones, the 'Wailing Wall' where pious Jews pray. **Herod** was also infamous for cruelty and vanity. Even his relatives did not escape the sword, including three of his own sons. He would stop at nothing to protect the longevity of his dynasty. So the '**massacre of the innocents**', recorded for us in Matthew 2:16-18, was entirely in keeping with his character. For people at the time, **Herod's** rule seemed 'great', if not invincible, yet history shows us that such greatness was only temporary. **Daniel's** visions are important here, because they show us that ultimately what matters is not the empires of men, but the **kingdom of God and his Christ, the true 'Prince'** (Daniel 9:25). It is **God's covenant of grace**, made with Abraham, that will win the day. It is spiritual values that pass the test of time, not political ambitions or naked power. As the Psalmist reminds us: 'Do not put your trust in princes, in human beings, who cannot save. When their spirit departs, they return to the ground; on that very day their plans come to nothing. Blessed are those whose help is the God of Jacob, whose hope is in the Lord their God' (Psalm 146:3-5). Herod died a painful death from a dreadful disease in his late 60s and left his kingdom to his children, whose time on the political stage also came ultimately to naught, **but Jesus is coming back to reign for ever!** (Colin)



A Prayer for Today

Lord, be our daily star, guiding our lives to search for kingdom love.





A Reflection for Today: Bethlehem

When we see the word **Bethlehem**, a town a few miles from Jerusalem, we associate it with Christmas and the birth of Jesus Christ. On [Day 1](#) of our Advent Calendar, we were reminded of the prophecies that the **Messiah** would be born there - and Luke chapter 2 tells us of their fulfilment. What was **Bethlehem** like then? It seems that it was a large, stone-built village with over a thousand residents and was very fertile with a good water supply. What is **Bethlehem** like now? It's grown, of course, and is in a problem area, but in normal times is a tourist centre, with cafés and coaches and people queueing to enter the **Church of the Nativity**, built to mark the place of Christ's birth. It has a handicraft industry, as well as stone and concrete factories. **Bethlehem** is mentioned in carols like *O Little Town of Bethlehem* which says that 'the hopes and fears of all the years are met in you tonight' (i.e. in Bethlehem) and if we think of those words then it helps us to realise, even more, how very important **Bethlehem** is for us all. *(Brenda)*

Praise God for the perfect fulfilment of his plans!

A Prayer for Today

Whilst we may not be able to get out to buy presents this year or meet with friends and family for a slap-up meal, may we focus more as a result on the real meaning of Christmas and rejoice that you stepped into our messy world to save us, Lord.

(Debbie)





A Reflection for Today: *Incarnation*

Jim Packer wrote ‘God became man; the divine Son became a Jew; the Almighty appeared on earth as a helpless human baby, unable to do more than lie and stare and wriggle and make noises, needing to be fed and changed and taught to talk like any other child. And there was no illusion or deception in this; the babyhood of the Son of God was a reality. The more you think about it, the more staggering it gets. Nothing in fiction is so fantastic as is this truth of the **Incarnation**.’

Paul describes it thus: ‘Christ Jesus, who being in very nature God, did not consider equality with God something to be grasped, but made himself nothing, taking the very nature of a servant, being made in human likeness.’ (Philippians 2: 5,6)

It’s a world-changing truth!

A Prayer for Today

Lord, as we consider the evidence of your love for us that Christmas gives us, may we have confidence in that love day by day and trust in your power to work things out for the best in our lives.





A Reflection for Today: *Magi*

Magi, wise men, sages – who were these men who went to worship and offer gifts to Jesus in Bethlehem? **Magi** - from where we get the word **magician**, were famous at that time, written about by various historians and also referred to in the **book of Daniel** (2:27 and 5:15). In the regions of Persia and Babylonia they functioned as priests, teachers and interpreters of dreams. They were skilled in philosophy and medicine, as well as astronomy and astrology. That is why they were thought of as **wise men**, and were held in great esteem. From the time of Daniel, who was exiled in Babylonia, they would have heard of the prophecy of a **Messiah** who would come one day for Israel (Daniel chapter 9 records a vision given to Daniel about this, including details of the timing). Therefore, when they were studying the night sky and something new and unusual there alerted them – they were **ready**. It motivated them to such an extent that they set off to travel to Jerusalem and later followed the star to **Bethlehem**. The only reason that there are often assumed to be three of them is because of their three gifts (Matthew 2:11), but it is possible that there would have been a large group of them, riding on horseback and with servants. (*Brenda*)

Wise men (and women!) still seek him...!

A Prayer for Today

Lord, we pray your blessing on those who are finding life difficult at present – the lonely, the bereaved, those who have lost jobs, those missing seeing family. May they know comfort and strength from you this Christmas

(Debbie)





A Reflection for Today: *Saviour*

So often we meet people yet never know how much of our life has touched and influenced theirs. Someone said "You never quite know what you do in life that leaves a seed behind that grows into an oak tree." This may not be the season for planting but our lives are sowing seeds every day. God planted a seed 2000 years ago. For a seed to grow and achieve its greatest expression it has to be completely destroyed. The shell cracks and releases the plant to push its way up to the sunlight. God's seed is the birth of Jesus. Yes, he would be destroyed, laid in the darkness of the tomb, but God would raise him from death. Jesus, the **Saviour**, the **Wonderful Counsellor**, the **Prince of Peace** has touched and influenced billions of lives. God's seed has provided perfect peace and reconciliation between God and mankind. Jesus said "Blessed are the peacemakers for they shall be called children of God." There is a record of a date-palm tree that was grown from a seed over 2000 years old! So time isn't important, but what is important is to keep on sowing. James 3:18 says "Those who are peacemakers will plant seeds of peace and reap a harvest of goodness." (Bill)

A Prayer for Today

Father God, give us wisdom, that we may expect your action in your time, not ours. Teach us to be gentle and patient. Make us receptive to your timing and to see the long view when we are frustrated by waiting.





A Reflection for Today: Angels

Christmas is ... the **angel** saying, "**...to all people.**" And that means everybody... everywhere... and that includes you.

(provided by Kate, from 'The Wonder of Christmas' by Derric Johnston)

Today I went for a walk and heard a glorious chorus of sound – the hedgerow was alive with small birds, maybe twenty or so, singing their hearts out, enjoying the winter sunshine. It cheered my heart and brought a smile to my face. At Christmas, we read of the **band of angels** praising God and sharing the good news. A **sole angel** would have had an impact, but a whole band could not be ignored! At this season, at the end of what has been a dark year for many, let us boldly share good news with those around us and let God's message be heard loud and clear. *(Debbie)*

A Prayer for Today

Jesus, help us get ready for your birth. Help us see past the shiny decorations in the shops and to remember that it's your coming we seek.

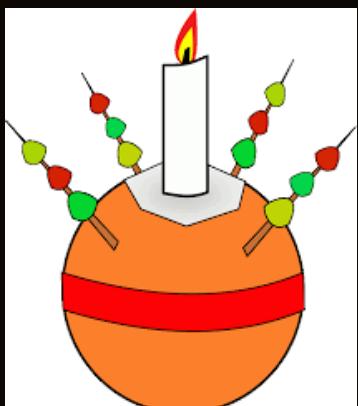




A Reflection for Today: *Light*

The Gospel in a Christingle

The **Christingle** has its origins in a Moravian children's service held in a castle in Germany on Christmas Eve in 1747. Nowadays, churches all over the world make Christingles to remind them that Christ is the **light** who came into the world at Christmas. The Christingle orange represents **the world**. John reminds us that 'Jesus was in the world, and though the world was made through him, the world did not recognise him. He came to that which was his own, but his own did not receive him' (John 1:10-11). The red ribbon of the Christingle represents **the blood of Jesus** which was shed for us so that our sins may be forgiven. 'But if we walk in the light, as he is in the light, we have fellowship with one another, and the blood of Jesus, his Son, purifies us from every sin' (1 John 1:7).



The fruits and sweets on the four skewers represent **God's gifts** to us, the fruits of the earth and the four seasons. 'As long as the earth endures, seedtime and harvest, cold and heat, summer and winter, day and night will never cease' (Genesis 8:22). The lighted candle, pushed into the centre of the orange, represents **Christ, the Light of the world**. 'He said, "I am the light of the world. Whoever follows me will never walk in darkness, but will have the light of life"' (John 8:12). (Colin)

A Prayer for Today

Lord, thank you for all your promises to us.

(Jean W)





A Reflection for Today: Joy

Christmas is ... **joy**. Not just because man heard a new song, but because God wrote it and had it sung.

(provided by Kate, from 'The Wonder of Christmas' by Derric Johnston)

Thomas Aquinas said 'Man cannot live without joy...' The greatest miracle of all time has taken place in Bethlehem, the birth of Jesus, the **Joy of the World**. Does the beauty of this event not blow your mind? Babies are so delightful and signify the future and our hopes for the continuity of our world. Jesus' birth brought humanity in touch with the marvel of what an awesome God could do to bring hope for the future to all humankind. This should flood our hearts with **Christmas joy**.

What we have received is not the spirit of the world, but the Spirit who is from God, so that we may understand what God has freely given us.
(1 Corinthians 2:12)

God came in the human form of a baby to exchange his gift of love and hope with us. So let's ready ourselves with **joy** for this great celebration!

A Prayer for Today

Lord, thank you that you are the Light of the World. At this time of year, when darkness falls early, may every set of Christmas lights make us praise you that you have not left us to stumble in the dark but have come to show us the way home.

(Debbie)





A Reflection for Today: *Hope*

What does **home** feel like to you since lock-down? Is it now a place of work or has it become a prison? Once it was a place you came home to at the end of the day, a place where you relaxed, felt loved, wanted and above all a place of peace. It helps us to think of the **home that Jesus has promised us**, a place that he has gone on ahead of us and has prepared. The disciples had to ask Jesus, "How do we get there?" Jesus replied, "**I am the way.**" We don't need to ask "how do we get there?" Because of the cross, and God's bountiful love and grace, the pathway to the door of heaven leads to an open door where all who believe will enter and abide with the Saviour. When we believe in Jesus we have this **hope** to look forward to. *(Mary)*

"I am the way and the truth and the life" *(John 14:6)*

Hope keeps the heart open to possibility, steady through change, and courageous in challenges, it stands on **faith** and that is the strongest foundation of all *(Elaine)*

A Prayer for Today

Thank you, Almighty God, for the good things that have happened this year because of the pandemic. The way we have been able to keep in touch with the help of technology has been amazing. Also, there have been warm smiles from strangers when outside for a walk and kindness and help to others beyond all measure. We thank you for the love and caring that has been shown.

(Brenda)





A Reflection for Today: *Obedience*

If we had to sum up the events of the first Christmas in just one word, what would it be? Peace, joy, love, wonder, miracle...? All appropriate words, but my word would be **Obedience**. Christmas is the story of a Father sending a Son, the story of a Son who obeyed his heavenly Father. **But when the time had fully come, God sent his Son, born of a woman, born under law, to redeem those under law, that we might receive the full rights of sons** (Galatians 4:4). Then we have the obedience of Mary. When the angel appeared to her to explain God's plan, Mary could have said, "No way!" But she trusted God and so chose to obey him. "**I am the Lord's servant**," Mary answered. "**May it be to me as you have said.**" (Luke 1:38). Spurgeon said 'Faith and obedience are bound up in the same bundle. He that obeys God, trusts God; and he that trusts God, obeys God.' Then ...an angel of the Lord appeared to Joseph in a dream and said, "**Joseph son of David, do not be afraid to take Mary home as your wife...**" (Matthew 1:20). Joseph obeyed too, as did the shepherds and the Magi. Can we learn the kind of obedience demonstrated by these people as they played their parts in God's master plan of salvation? (*Tim*)

A quote from C T Studd which really impacted me. **Only one life, 'twill soon be past. Only what's done for Christ will last.** (*Shirley*)

A Prayer for Today

Lord, please remember those who are on their own, nudge us to be generous with our time to keep in contact and to help break up their day.

(*Jean W*)





A Reflection for Today: *Mary*

Many little girls would like to be **Mary** in a Nativity play and hold ‘Baby Jesus’, but the **real Mary**, the mother of Jesus, was cast in the first ‘nativity play’ – God's masterpiece production. She always strikes me as being a quiet, calm, humble and loving person. When the events in the Bible took place, **Mary** would probably only have been a teenager, but she had already pleased God and then showed submission and obedience when the angel Gabriel revealed God's plan to her. God then made sure she was not persecuted for being pregnant before marriage by reassuring Joseph in a dream, so that he felt he could marry her. What joy she expressed in the words of the ‘**Magnificat**’, but how must she have felt going to Bethlehem, obviously very pregnant? She, of course, put her trust in God, who (with the help of Joseph) got her there safely. Then God provided shelter, seemingly the birth went well and she held her baby in her arms. Later, along came the excited shepherds telling of an amazing visit from angels. But, as most mothers would, ‘**Mary treasured all these things and pondered them in her heart**’ (Luke 2:19), not knowing what the future held for her son, but surely thinking it must be something special! *(Brenda)*

A Prayer for Today

All-powerful God, your eternal Word took flesh on our earth when Mary placed her life at the service of your plan. May we too place our lives at your disposal and open our hearts to receive and obey the Holy Spirit's promptings.





A Reflection for Today: *Carols*

From my early days as a Christian, I have always enjoyed singing **carols**, even though I cannot claim to have the ‘voice of an angel’. To me there is little better in Christian worship than to be in a cathedral, church or chapel at Christmastide and join in the rapturous singing of carols in exultation of the Lord God and the birth of the Christ-child. Wassailing around Blackburn has also given me many hours of sublime joy down the years. **See Amid the Winter's Snow** is probably my favourite carol. Indeed, hymn-singing in general is awesome and arresting. The Bible testifies to this truth in so many ways: from the Book of Psalms, with its canticle-message, enthusing the reader to ‘sing to the LORD a new song!’ (96:1), to the *Magnificat*, the *Benedictus*, the *Gloria* and the *Nunc Dimittis* of Luke’s Gospel, to the Apostle Paul’s rallying cry to the Church at Colossae ‘Let the word of Christ dwell in you richly in all wisdom, teaching and admonishing one another in psalms and hymns and spiritual songs, singing with grace in your hearts to the Lord’ (3:16), and, finally, to the last book of the Bible, Revelation, with its vision of heaven and innumerable hosts of angels singing the celestial equivalent of Handel’s **Hallelujah Chorus** in praise of the Lamb (5:8-14, 19:6). If proof is needed that COVID-19 is of the devil, then its destruction of congregational hymn-singing and carolling is surely it! But please find some safe way this Christmas of singing **carols**, whether ancient or modern, in praise of Immanuel, even if it is only singing along to a CD. You owe it to yourself and to the Lord! (Colin)

A Prayer for Today

Lord, your word tells us that when one part suffers we all suffer. We pray now for our brothers and sisters across the world who are being persecuted for their faith and we pray for all persecuted people, that your love would be with them.





A Reflection for Today: Love

Christmas is cancelled! Yes, all about us is so different this year, but we invite you to join us in celebrating that which remains the same. Christmas is all about the **love** that God has for us in sending Jesus to us as a baby. When all around us is changing we can celebrate a real event in history which cannot be cancelled. When all around us is changing, we can celebrate a **constant and consistent God** who can never change *(Mary)*

Jesus Christ is the same yesterday, to-day and forever
(Hebrews 13 verse 8)

You can never truly enjoy Christmas until you can look up into the Father's face and tell him you have received his Christmas **love gift** – his Son

A Prayer for Today

We give thanks to you, Heavenly Father, for the yearly unfolding of the seasons and the beauty around us. Thank you for the freshness of spring, the beauty of summer gardens, the colours of autumn trees and the renewal throughout the winter. For all these things and much more, we give you praise. *(Brenda)*





A Reflection for Today: *Immanuel*

At Christmas, I love to reflect on one of Jesus' many names: **Immanuel**, which means '**God with us**'. The hope, joy and wonder of the Christmas story rests on the fact that Jesus came to be with us, on Earth. Jesus, the creator and rightful ruler of the universe, was born as a weak, human baby. He came so that he could experience our sufferings and walk with us in them, eventually walking right up to the cross to put an end to them once and for all. In a year like 2020, what greater comfort can there be than to remember that we have a God who is with us in our struggles, and who loves us so much that he stepped into our world, that one day, we might never struggle again?
(Esther)

Therefore the Lord himself will give you a sign: the virgin will be with child and will give birth to a son, and will call him Immanuel
(Isaiah 7 verse 14)

A Prayer for Today

Lord, please bless and keep safe all those I know and love. Lord, keep all the NHS workers safe, strong and resilient in these difficult times.

(Jean W)





A Reflection for Today: *Peace*

An Advent thought for today: Water falls and is blown into an opaque sheath across the window in my living room. This happens when the wind comes from the east. Then the intersection of clear glass and clear water combine to make a curdled veil. **Why?** What does water not like about being disturbed? If you hold it perfectly still, it is perfectly clear. But if you throw it, or stir it, or pour it, it becomes a disturbed and opaque. **Am I like water?** Do I need the stillness to see? Do I become a destructive force when there is too much of me, when I am frozen, when I am tossed about? They say, after all, that humans are over 65% water. Maybe I should study my properties more closely this Advent, in order that others and I can see more clearly the coming saviour in my life. (Paul C)

Do our lives reflect the peace of God to others?

A Prayer for Today

We remember before you, Lord, the many who are struggling at this time in so many ways. There is physical and mental illness, bereavement, long waits for appointments, job loss, little money, abuse, fear and so much more. We pray for improvement in the world situation as the vaccines come on board and for comfort and help for all those in distress.

(Brenda)





A Reflection for Today: *Shepherds*

Shepherds are mentioned many times in the Bible. We read of Abraham, Moses and David all being shepherds, and Jesus is often referred to as '**The Good Shepherd**'. At the time of Jesus, during the warmer part of year, shepherds would be outdoors all the time. Each morning they would call, and the flock of sheep and goats would follow them to pasture ground where the animals could graze. The shepherds would find a pool of water or a well for them to have a drink. In the evening they would count the animals and check their health. At night the shepherds would guard the sheep and goats in open folds, or shelter the flock in a cave where they could protect them from jackals and hyenas. A howl of a hyena could panic a flock and the calm reassuring voice of a shepherd would still them. Shepherds would have worn sheepskin over their tunics. Sandals protected their feet from sharp rocks and thorns, and they wrapped their heads in a woven woollen cloth. Among the things they carried was a sling, which was used to lob stones near the straying sheep or goats to frighten them back to the flock, or to drive off prowling wild animals. *(Brenda)*

How does what the shepherds did remind us of Jesus, the Good Shepherd?

A Prayer for Today

Thank you for the privilege of working as a midwife on Christmas Eve at a maternity unit, when carol singers sang 'Away in a Manger' and the labour ward door was opened just as a baby had been born and was crying!

(Jean W)





A Reflection for Today: *Star*

Christmas is ... **light**. More than the light from a new star. It's the light of God's eternal love shining through the midnight of man's despair.

(provided by Kate, from 'The Wonder of Christmas' by Derric Johnston)

Come, O prince of peace,
Calm our fears, heal our wounds, fulfil our longings.
And in the child of Bethlehem
Break down the walls that divide and hurt us.
May your **star of hope** shine bright and clear
for all who look for light this Christmas.

Wise men followed a **star** to Bethlehem to worship the Son of God. Let's have the same aim this Christmas.

A Prayer for Today

Come Lord Jesus, and let your light shine through us - so that, through our actions, we may be salt for the earth and a light in people's sight. May we reach out with your message of hope, especially those in need.





A Reflection for Today: *Gifts*

A true Christmas story. I was sitting on a bench seat in Tesco, right next to the food-bank collection point. At the far end of the store I saw an old lady, stooped with age, her hair bedraggled and unkempt, her clothes shabby. Her shoes were thin and looked more like bedroom slippers. She carried an old fashioned bag in one hand. She shuffled towards me and stopped a passing shop assistant and enquired, "Is that the food-bank?" "Yes," was the reply. She shuffled there and I wondered what foodstuffs she would take. But she slowly lifted her bag and emptied everything she had in. Without a moment's hesitation she shuffled out of the shop and was gone from sight. That old lady had come in to buy food, not for herself but for someone that was worse off than her. Yes, I will have a lovely time with my family this Christmas with lots of food to eat, but there is one person that I know who will have a richer Christmas and a place at a heavenly banquet. Jesus said about the widow's mite that she had given more than all the others as they had given out of their surplus, but she had given everything she had. **Have a happy and blessed Christmas.** *(Bill)*

A Prayer for Today

Dear Lord, thank you for the gift of your son, the most precious gift, a reminder of your love for every one of us. May this warm our hearts, even in the darkest days of the year.

(Debbie)



Next day



A Reflection for Today: *Prophecy*

One of the amazing things about the birth of Jesus is the way it fulfilled Old Testament prophecies about the **Messiah** – the one who is to come. If you have ever sung Handel's *Messiah*, some of these words will be very familiar to you, and they are often read at Carol Services. A well-known passage is found in **Micah 5:8** where it tells us that the Messiah would be born in **Bethlehem** and that he came from God and existed even before he was physically born. Later, in the New Testament, the early part of John agrees with this. **Isaiah 7:14** tells of birth to a **virgin** which emphasises Jesus' sinlessness and divine origin. It also explains that he is God with us and among us and that he will show us what God the Father is like. **Isaiah 9:6-7** tells us that the child is **born for us** and will give spiritual peace now, but physical peace and his reign will be in the future, and he is described as **Wonderful, Counsellor, Mighty God, Everlasting Father and Prince of Peace.** *(Brenda)*

A Prayer for Today

Lord, help us to be mindful of all those who are suffering for whatever reason and allow them to feel your love and peace over them.

(Jean W)

